

# #MYCAMP AED SCAVENGER HUNT

## Summer Camp AED Scavenger Hunt

Join the Children's Cardiomyopathy Foundation (CCF), the American Camp Association (ACA) and One Beat CPR + AED on a summer-long scavenger hunt to find automated external defibrillators (AEDs) in camps across the nation. Campers and staff are encouraged to join this national initiative to call attention to the importance of quickly locating an AED during a cardiac emergency.

The scavenger hunt is fun and easy! Find an AED at your camp and take a selfie with the AED. Then post the photo with the hashtag #mycampAED, including the camp name, state and AED location, on social media outlets such as Facebook, Instagram and Twitter @ccfheartkids.

The CCF scavenger hunt highlights the importance of emergency preparedness and early defibrillation in an adverse cardiac event. Quick action and knowing the location of the nearest AED is key to survival when seconds count.

## Heart Facts

- Sudden cardiac arrest (SCA) is a leading cause of death in the U.S.
- Cardiomyopathy is the #1 cause of SCA in the young.
- Two thirds of SCA deaths occur without any warning.\*
- If an AED is used within 4–6 minutes after SCA, survival can be as high as 90 percent.\*\*

CCF continues to work in partnership with Congressman Frank Pallone on the Cardiomyopathy Health Education, Assessment and Training in the Schools (HEARTS) Act (H.R. 4015), legislation to increase awareness of pediatric cardiomyopathy and the risk of sudden cardiac arrest (SCA) among parents, schools and health professionals. CCF encourages you to reach out to your members of congress to support this life-saving initiative.

\* National Heart, Lung, and Blood Institute

\*\* American Heart Association

Photos clockwise: Chicago Bears Training Camp, Bourbonnais, Ill.; YMCA Camp, Evergreen Park, Ill.; St. John's Soccer Camp, Montclair, N.J.

